

MINUTES: 1/13/22 SPC LUNCH

12 - 1 PM

Online with Zoom and in person at St. Andrew's Church, lower level

Chair: Rev. Melinda Bobo

Present:

Melinda Bobo, Coalition Chair, Priest-Rector St. Andrew's Church

Aaron Preece, Coalition Vice Chair, Counselor, High Country Behavioral Health

Sarah Murdock, Coalition Secretary, Bridges, Food Basket, Faith community

Matthew Daniels, Business, Community Member, Faith community

Emmy Daniels, Hope+Choice Director, Faith community

Tammy Heuck, Community Resources Officer

Robert Galbreath, Journalist, Local Newspapers

Robin Carnes, Nurse, Public Health

Darren Hull, Business, Community member

Peggy Weber, Pinedale Visitor Center, Recovery Community

Randy Belton, Business, Veterans organizations, Faith community

Tessa Miller, Prevention coordinator, SAFV

Annie Adams, Sub1 School District

Sarah Hixson, Clinic Director and counselor, HCBH

Eric Makelky, Principal, Pinedale Middle School

Trisha Scott, Coalition Coordinator

Melinda called the meeting to order at 12:10PM.

Sarah Murdock and Melinda Bobo provided corrections to the December minutes.

Motion to approve corrected minutes: Sarah Murdock.

Second to motion: Peggy Weber. Vote yes to approve: Unanimous, No: 0.

General announcements: The 2022-2024 work plan/prevention grant application will be drafted in the next 3 months of task forces. Please get involved in learning more and have a voice in programming for the next 2 years.

We have been advised to have our own facebook page separate from the Public Health page, please have a look and like and share our posts in your networks.

Matthew Daniels and Aaron Preece, Suicide Prevention update: Title 25 numbers were down 50% in 2021 from the average last 5 years. We do not know what contributed to the decrease, we want to know. Trisha is reaching out to the clinic for insight.

The Community Mental Health Fund was discussed and members set this criteria for funds to help with inpatient psychiatric treatment and substance abuse treatment: MH funds would go into effect after all agency (HCBH, TBT, EIRMC) funding is exhausted when funding inpatient costs (same as outpatient).

Team agreed that any discussion about a community safety net approach to those on probation for substance abuse would require authorization from the state and county probation agents. Example was given of any costs (gas, vehicle) that may be a barrier to the person being able to

fulfill court/probation requirements such as keeping a full time job. Team agreed that understanding how to be a community safety net for people on probation will be a case by case process and possibly a “Board” decision to take the weight of the decision off of Randy and Melinda. Team was mindful that accountability requirements are a part of treatment and rehab and all authority lies with the court.

Randy and Melinda spoke about the importance of making the fund sustainable over time by diversifying the funding and not relying solely on the Boulder Roll and the Episcopal Diocese. For more on use of the MH fund please see the task force meeting minutes on the website: <https://www.sublettepreventioncoalition.org/meeting-agendas-minutes>

QPR strategy was set for the rest of the grant cycle.

Mr. Makelky shared that students from the Pinedale Middle School QPR class in December have used their skills to intervene with other students when they see the warning signs and are getting kids to help.

Aaron reported that HCBH has a new counselor starting this week who will be working 3 days in Pinedale and 1 day in the Marbleton Clinic.

This brings a total of 8 counselors currently serving Sublette County, not including school counselors.

Peggy Weber, Tobacco update: 2 more Sublette residents have quit, 1 from smoking and 1 from chew, with help from the quit groups and use of free nicotine replacement therapy. We are looking into quit wristbands/schwag to celebrate quitting and to reinforce staying quit. Melinda suggested that we reach out to the Sublette Center independent living apartments and promote the quit groups on the designated smoker’s patio.

The team worked on a rough draft the next work plan, details are here and in the minutes:

- Focus on **vape prevention** through parent education using media, tables at sports events, and parent teacher conferences.
- **Cessation:** Continue offering and supporting quit groups; look into quit “schwag” like wristbands; continue offering patches, gum, and promoting quitline resource. Pay for cessation facilitator training for HCBH/Clinic.
- **Advocate for tobacco tax increase** - align with Region 1 (Sublette, Lincoln, Sweetwater, Teton and Fremont Counties) to promote opportunities to educate lawmakers on the “gold standard” prevention strategy of tobacco tax increases. .
- **Replace school signage** for “tobacco free campus” with metal signs, if desired by schools.
- **Tobacco retail folder:** Info and data and a compliance check certificate: “This establishment supports a healthy Sublette County and has passed its tobacco compliance checks”.

Sarah Murdock: Youth Marijuana and Other Drugs prevention update: The team continues to get educated on the harms and impacts of youth cannabis use. Legalization is a wild card that can come up very fast. The goal is to stay informed and be ready with current science and data on the harms and impacts and public health costs..

4-H collaboration needs a youth focus group to ask what kids need that is not currently offered for a summer skills based class. Melinda recommended that the class start at the beginning of the school summer break.

Robin Carnes, Alcohol misuse updates: Deputies Marlene Johnston and Carol MacKenzie will teach TIPs Feb 10, 1-5:30PM.

Call Trisha to register.

We ended 2021 slightly down in DUI's and slightly up in average BAC.

2021 Data:

Total DUI: 62

Average BAC: .17

Average age and gender: 37.5 y/o male

Please share our alcohol media! The more we share, the more we focus on the "Norm" of talking about alcohol instead of not talking about alcohol.

Community Reports:

Matthew Daniels: My Satisfied Soul, an emotional wellness training, is sponsoring a Faith and Mental Health workshop/conference for the faith community on 2/19 at the Lovatt Room.

Sarah Murdock, Bridges out of Poverty is taking registration for the next Getting Ahead Class. They will also be supporting recent Getting Ahead graduates with once a month "Staying Ahead" support meetings with Allies. Looking for more Allies. Will have speakers like Darren Hull who can promote the first time homebuyer class.

Tessa Miller, SAFV: SAFV is still signing people up for Emergency Rental Assistance (ERAP). SAFV director Robin Clover is retiring. New director is Mandy Moffatt. Next SAFV volunteer training is January 19 at SAFV at 5:30PM.

Tammy Heuck, Community Resources Officer: Tammy is housed at HCBH and funded by a BOCES grant and a Town of Pinedale grant. She does not have regular office hours but is open for appointments. Tammy is updating website resources and investigating Unite Us, a Wyoming based web platform that assists providers helping those who need assistance so there is less redundancy in forms. Free to social support and non profit organizations. Is confidential. Tammy's contact number is 307-231-5222.

Sarah Hixson, High Country Behavioral Health is coordinating the Community Services Block grant which can provide short term help and assistance.

