

MINUTES: 11/14/2019 SPC Lunch
12 - 1 pm
BOCES Room 148

Present:

McKenzie Staley, Sublette newspapers
Aaron Preece, High Country Behavioral Health
Melissa Harrison, Veteran
Clayton Melinkovich, Deputy County Attorney
Stan Cannon, County Public Defender

Tessa Miller, SAFV Task Force
Jen Zook, Early Childhood Educators
Matthew Daniels, Pinedale Computer
Melinda Bobo, St. Andrew's
Janna Lee, Public Health

Angie Murphy, Sublette #1 Schools
Robin Carnes, Public Health
Emily Ray, Pinedale Medical Clinic
Jake Rich, Sublette #1 Schools
Brian Brisko, Sublette #1 Schools
newspapers
Dave Siefkes, Sheriff's Office

Tamara Currah, Sublette #1 Schools
Maddie Hamilton, Family Tree
Sarah Hixson, HCBH
John Kelly, Veteran, SPC Chair
Robert Galbreath, Sublette
Trisha Scott, Public Health

12:08 - 12:15: John Kelly: Call to order, welcome and introductions, overview of grant and grant statement of work for visitors. Overview significance of understanding Adverse Childhood Experiences (ACEs) if the coalition wants to do "upstream" prevention.

12:15 - 12:35: Becca Steinhoff from Wyoming Kids First, via phone:

Becca outlined how "toxic stress" and adversity (parent drug use, parent in prison, parent with mental illness, parent divorce, emotional or sexual abuse of child, etc) in a child's home environment can disrupt brain and body development and health at the time of the adverse experiences and over the lifespan. ACE scores were studied by Kaiser Permanente in the 90's to research the long term physical and mental health effects of childhood adversity, and also to gather data on what factors in childhood **protect** a child's physical and mental health. Becca gave an example of one key factor that can **protect** a child living with toxic stress: If that child has one adult in their family or community who they feel safe and connected to, that can create better mental and physical health outcomes.

Becca mentioned **5 protective factors that a community can foster** to buffer adversity for children:

1. Educate parents about child development. Do parents understand child brain and emotional development?
2. Build parent "resilience". Help families have the ability to overcome stress. (She did not say what that looks like, on the ground.)
3. Offer "concrete help in times of need" to families.
4. Social connections - are parents and families connected; do adults have multiple social connections?
5. Support social and emotional learning for children and families, in pre-schools and schools and in the community.

Question for Becca: Are ACEs different in rural areas like Sublette? Becca answered that some adversities are more prevalent in rural areas. Effects on the brain and body are the same across rural and urban populations.

Becca gave the example of smoking to understand the ACE concept: When someone says that "I started smoking because it decreased my anxiety, the question to ask them is what makes you have anxiety, how did that happen, how did anxiety grow in you? What conditions created anxiety?"

The ACE study is a guideline and a tendency and not a determinant. Positive experiences counterbalance adversity. For more info on this information contact Becca at Wyoming Kids First: **Phone: (307) 265-0437**
Or: wyomingkidsfirst.org

12:35 - 12:40: McKenzie Staley: Sublette Prevention Coalition is now on Instagram to promote events and give resources like quit apps for quitting vaping to youth, who are more likely to use Instagram. Please like our posts!

12:40 - 12:50 Matthew Daniels and Aaron Preece, Suicide Prevention Task Force report: Request for vote to approve expenditures for teaching QPR remotely. Vote to approve expenditures up to \$1,500. for laptop, projector, clicker, screen and protective case: Motion to approve made by Sarah Hixson. Second to motion made by Sarah Murdock. Vote Yes: Unanimous. Vote No: 0. Expenditure approved.

International Survivor of Suicide Loss Day at Lovatt Room November 23, 11 am - 1 pm. Food and film and discussion. Clergy and counselors will be present. There will be an event on the same day and time in Jackson. For more info on this please call Trisha at Public Health: 307-749-5004.

Title 25: There will be a special meeting of the task force Monday 11/18 at 8 am at St. Andrews Church to learn about the Title 25 process (Title 25 is when a person has been designated as an "immediate and imminent threat to themselves or others", and law enforcement and the clinic are called to intervene). Clinic provider and Dave Doorn from SCRHCD; Sarah Hixson from High Country; County Attorney's office, and SCSO will be present.

12:50 - 12:55: Sarah Murdock, Opiates and Other Drugs Task Force report: Task Force met 11/12 and discussed content for updating posts for Mugshot Monday, esp. Meth posts. Task force members will participate in developing written materials for clinics for "how to talk to my doctor about pain medication and pain management", and "alternatives to opiates for pain management". Discussion of health fair prescription drug take back event in the spring with public health.

12:55 - 1:00 pm: Trisha, Coordinator Report: Pinedale is the only town in Wyoming with a one year ban on the sale of fruit and candy flavored e-juice, and Sublette the only county in Wyoming where the Board of County Commissioners have passed a Resolution that opposes the sale of flavors (that attract children) and encourages efforts to ban flavors at the town, state, and federal levels. BIG thank you for the work of the SCSO, Sheriff Lehr and Deputy Ryan Day; Sub #9 and Sub #1 administrators and staff Eric Makelky, Jeff Makelky, Jenn Wilkinson and Brian Brisko; County Commissioners Dr. Burnett, Tom Noble, and Mack Rawhouser; Mayor Murdock and the Pinedale Town Council, and our state Rep. Albert Sommers for their efforts. Marbleton Town Council has asked their staff to draft an ordinance for a temporary ban on the sale of flavors for Council to consider. More importantly, Council members pledged to visit with Loaf n Jug owners to ask them to consider voluntarily removing fruit flavored vape products. The Boulder Store (the Steele family) voluntarily removed fruit flavors from their shelves in late October. If you are in favor of these efforts, please write or verbally thank these people!

Upcoming events and meetings:

Nov 18: Title 25 Information for Suicide Prevention Task Force. St. Andrews Church downstairs, 8 am. Sheriff's Office, County Attorney, and High Country Behavioral Health will provide information.

Nov 23: International Survivors of Suicide Loss Day: Support for those who have lost loved ones to suicide, Lovatt Room 11 am - 1 pm

Dec 5: WYSAC and WASCOP return for a coalition goal setting workshop. If you are on the alcohol, suicide prevention, or opiates and other drugs task force, please mark your calendars and attend, we are setting SMART goals for these 3 task areas.

Dec 9: Alcohol Task Force 12 - 1 pm BOCES Rm 148

Dec 12: SPC Lunch 12 - 1 pm BOCES Rm 148