

## **MINUTES: SPC LUNCH 1/9/2020**

### **BOCES**

**12 - 1 pm**

#### **Present:**

**John Kelly, Chair**

**Melinda Bobo, Vice Chair**

**Aaron Preece, Secretary**

**Robin Carnes, SCPH**

**Melissa Harrison, Veteran**

**Emily Ray, SCRHCD**

**Mike Crosson, County Attorney**

**Stan Cannon, Deputy County Attorney**

**Sarah Murdock, Bridges out of Poverty**

**Janna Lee, SCPH**

**Jackie Downie, Bridges out of Poverty**

**Robert Galbreath, Sublette newspapers**

**Matthew Daniels, Business owner, My Satisfied Soul**

#### **Meeting Notes:**

**John Kelly:** Request motion to approve minutes from 12/12/19 SPC meeting.

Motion to approve: Melinda Bobo. Second to Motion: Aaron Preece. Vote to approve: Unanimous.

Brief review of the community prevention grant statement of work. Review of task areas and strategic plan. Reminder that the current grant cycle and funding ends June 30, 2020.

Communication and Data Committee/Team forming to oversee website, social media, print materials and annual report. Team will focus on learning how to guide a consistent coalition message.

**Robert Galbreath, Tobacco Task Force:** US Congress voted to raise the minimum age to purchase tobacco products to 21 in December. Noted that all tobacco retailers in Sublette have signs displaying new federal law raising the minimum age to purchase tobacco products to 21. WY state legislature will have to adopt similar legislation this session for all Wyoming municipalities to be able to enforce the law at the local level. Task force supports that legislation and will communicate that to Rep. Sommers and request guidance on how to advocate for that at the upcoming legislative session. FDA has banned the manufacture of flavored vapes (excluding menthol) so Marbleton Town Council tabled their proposed ordinance to ban flavor sales on its second reading, January 6.

Coalition member and WY SADD director Joey Burke, and Trisha, are at Tobacco Free training in Denver this week and working with Principal David Shaw to start quit tobacco groups with Skyline Academy hopefully as soon as March. Trisha and Joey will be able to train coalition members to lead/facilitate quit groups. More info at Feb 13 coalition lunch. My Life, My Quit posters and resources promoting a teen specific approach to quitting have been distributed to all schools.

**Jackie Downie and Melinda Bobo, Suicide Prevention Task Force:** At January 6 meeting members considered Connect Postvention training, which was recommended by WDH. Members present discouraged Connect training based on their experience with the program, felt

that the current Suicide Response Team is formed and functioning and that Connect would be redundant. **Members identified the following community training priorities** for the next year:

**1. Peer Specialist Training** for coalition members with lived experience. John Kelly will contact training instructors and present their info at the Feb 3 task force meeting.

**2. ASIST: Applied Suicide Intervention Skills** training, described as more in depth than QPR. (Note: Trisha contacted WDH and they are planning to send an ASIST trainer to Pinedale in May).

**3. VA Chaplain Community Training.** Noted that task force members present highly recommend this training for the whole community. Even those not involved with veterans can learn a valuable community approach to suicide prevention and mental health promotion.

**QPR Progress report:** 29 Gatekeepers trained in December, including the Waterhole Bar #3 servers, and Skyline Academy students and staff. Skyline requested follow up from QPR instructors Jackie Downie and Melinda Bobo, follow up will occur the week of January 27. Big Piney School District hosted a QPR training for 60 staff (including live streaming to La Barge) January 13.

**Title 25 meeting follow up:** Get Help Now wallet cards with "24/7 Sublette Mental Health Helpers" contact info have been designed with Sheriff's input and approval, and printed. Wallet cards have been given to SCSO deputies to distribute to all mental health calls.

Belveal's is printing 1,000 fridge magnets with the same message. Sheriff Lehr has given us permission to distribute these materials throughout the community and we will have them to share with the coalition at February 13 coalition lunch. Deanne Swain doing top notch graphic design (and social media posting) work.

**Events in process:** Melissa Harrison proposed movie night for mental health promotion and suicide prevention in March. Out of the Darkness all night walk discussed for June 20 - 21.

### **Community Report from Coalition Members:**

**Emily Ray, SCRHCD:** Sheela Schermetzler from the Sublette Community Needs Assessment will conduct a focus group at BOCES on January 23rd. Input at this focus group will determine how the federally funded Community Block Grant funds are spent to help our Sublette neighbors and community members living in poverty. All are invited to come and share concerns and information about how poverty impacts individuals and the community. There will be a follow up with clients and providers on Feb 24th at the library.

**Melinda Bobo, St. Andrew's Church:** The Episcopal Church has funds available for all prevention related issues.

**Mike Crosson, Sublette County Attorney's Office:** The County Attorney's office is working on alcohol abuse and its consequences for public safety specifically related to DUI. The Attorney's Office is implementing a policy on DUIs to counter the prevailing perception in Sublette County that you get "1 free pass" at a first DUI arrest.

**Stan Cannon, County Attorney's Office:** Suicide rate for attorneys is very high. Along with the extreme stress of the job, attorneys (especially public defenders) see people/clients at their most vulnerable moments (loss of freedom, relationships, finances; transitions due to deaths) and many clients express suicidal thoughts to their attorneys. Because of the laws and

professional ethics governing the attorney - client relationship, it is especially difficult for attorneys to get help for their clients, when clients are in need. Mr. Cannon recommended outreach to agencies like the Wyoming State Bar Association (Mark Gifford) and The Wyoming Public Defenders Association (Diane Lozano) to receive QPR training at their annual conferences, for Continuing Legal Education (CLE) credits. Trisha will relay Mr. Cannon's information and concerns to the folks at the suicide prevention division at WDH and request they contact the individuals recommended by Mr. Cannon.

**Janna Lee, Public Health:** Youth coalition free lunch with Public Health and Wyoming SADD will be hosted by Robin Schamber in the Pinedale High School library, in early February. This group continues to evolve in concept. We are interested in a youth advisory board for prevention, with more focus on youth input and less focus on a committed group.

**Matthew Daniels, My Satisfied Soul:** Matthew's program, identified as a non counseling approach to mental health, identifies the roots of destructive behavior and provides strategies in multiple areas for advocacy and healing.

**Aaron Preece, High Country Behavioral Health:** Relapse for those in recovery from drug and alcohol addiction spike in late winter and early spring, along with suicide rates.

**Jackie Downie, Bridges out of Poverty:** Educating businesses, teachers to understand the language/values/priorities of those living in poverty. Jackie supports the moderate drinking message and wants to see more of that message getting out to all students and community members.

Adjourn formal meeting.