

## **MINUTES: 10/5/2020 SUICIDE PREVENTION TASK FORCE**

**7:30 - 8:30 am**

**Online via Zoom and In Person at Public Health**

### **Present:**

**Bill Lehr, Big Piney Middle School, counselor, retired**

**Aaron Preece, High Country Behavioral Health, LPC**

**Mathew Daniels, Business owner, My Satisfied Soul**

**Jackie Downie, LCSW,**

**Melinda Bobo, Priest-Rector, St. Andrew's Church**

**Randy Belton, Veteran. Business Owner, Priest Associate, St. Andrew's Church**

**Trisha Scott, Sublette Prevention Coalition Coordinator**

### **Meeting notes and action items:**

**Wyoming Lifeline:** What do we need to do to get Sublette signed up to be covered by the Wyoming Lifeline?

Trisha will contact Cindy Stricker and WDH for info and email the task force for final decision. Members agreed to use the contact info for Sublette resource list on the Get Help Now magnets.

Members requested Trisha contact Fremont, Teton, and Lincoln counties to get feedback on the lifeline so far.

**Mental Health First Aid:** Melinda proposed an 8 hour zoom training for November 14, the original time frame. Matthew requested that we ask Shannon Gutwein, the trainer, to include Sublette in MHFA Teton County zoom class schedule so that the Sublette community has opportunities for ongoing training. Jackie recommended outreach in the schools specifically Skyline, counselors, and special ed instructors, who have expressed interest in the past. Trisha will contact Shannon with these requests and relay info to the team.

**International Survivors of Suicide Loss Day:** Trisha proposed having the November 21 10 am - 12 pm event in Big Piney this year, members agreed. We will contact Joan Mitchell and Mardy Sleight to plan. Personal invites appear to be most effective. Trisha will contact Bobbi Wade and Melissa Harrison, Jackie will contact Carmen Hittle, and Bill, Mardy and Trisha will reach out to the Waterhole servers.

Agreed to market through Pinedale Online, social media, both radio stations, and with posters, beginning October 21.

**Celebrations & Gratitude:** Candlelight walks attended by 60 people county-wide. Melinda and Aaron did an excellent job of directing the message to youth: If you are worried that a friend or family member is thinking about suicide talk to a trusted adult to make a plan to get the person to help and support.

Thank you to the 2 PHS juniors who let Robert Galbreath interview them for the Roundup about learning QPR. Thank you to Mrs. Wilkinson for teaching QPR to 81 10th graders last year and for teaching QPR to the whole PHS 10th grade in the next 2 months.

Thank you also to Robert for getting photos of the Pinedale candlelight walk on the front page of the 9/25 Roundup. Matthew recommended that we get the newspaper articles on the website.

**ADJOURN: 8:20 am**