

MINUTES: 10/14/21 SPC LUNCH

12 - 1 PM

ON ZOOM

CHAIR: MELINDA BOBO

Present:

Melinda Bobo, St. Andrew's Church

Matthew Daniels, Business: My Satisfied Soul

Gail Wilkerson, Hope+Choice

Robert Galbreath, Sublette Newspapers

Aaron Preece, High Country Behavioral Health

Peggy Weber, Visitor Center and Quit Tobacco groups

Randy Belton, Veterans Organizations, Business, St. Andrew's Church, Lion's organization

Sarah Murdock, Bridges out of Poverty, Church of the Resurrection

Amber Anderson, Pinedale Aquatic Center

Emmy Daniels, Hope+Choice

Kari DeWitt, Sublette Hospital District

Jen Arne, Sublette School District #1 Elementary school

Kelsi Sluyter, Teton Behavior Therapy

Tessa Miller, SAFV Task Force

Eric Makelky, Pinedale Middle School

Trisha Scott, Coalition Coordinator

Notes:

Motion to approve minutes from 9/9/2021 Big Piney coalition meeting made by Kari DeWitt.

Second: Tessa Miller

Vote YES; 4, NO: 0.

Announcements from Trisha:

Monday 10/18 there are 2 opportunities for statewide trainings on issues surrounding marijuana legalization:

10 am Dr. Libby Stuyt MD, Colorado addictions psychiatrist, will give her presentation on The Impact of High Concentrate THC on the Adolescent Brain to CPS's around the state. All coalition members are invited to attend.

2 pm: Coalition members invited to attend a 60 minute training from WASCOP on "How a Bill Becomes a Law", plus 30 minutes from Byron Oedekoven on current efforts to legalize marijuana at the state level.

Task forces are starting this month to look at local data and brainstorm strategies for the 2022 - 2024 work plan due in May 2022. The more community representation we have in this process the more meaningful the work will be.

Peggy Weber, Tobacco: The High Country Quit Groups are in process with good participation by all 12 people - About 7 are quitting tobacco or cutting back, 5 are not quitting tobacco but using the process to make other health goals like more exercise or better nutrition. Helping parents especially quit tobacco is a protective factor against youth beginning to use tobacco. New Quit Group begins mid November on zoom for Big Piney quit group members. We are looking into providing NRT for quit group members. We visited all tobacco prevention successes of the last 3 years. We looked at gaps we need to address for the next grant cycle, especially with youth prevention.

Aaron Preece, Randy Belton, Melinda Bobo, Kelsi Sluyter: Suicide Prevention/Mental Health:

Report on 1200 people (schools and public events and concert) reached by Supaman and Candlelight Walks for Suicide Prevention Awareness Month. Report on current use of the Community Mental Health fund - Randy and Melinda estimate that \$5,000. in checks have been written to support Sublette residents of all ages to receive counseling. Kelsi and Aaron reported that the funds have helped approximately 30 people at both agencies. Kelsi reported that 90% of kids receiving counseling at Teton Behavior Therapy are using the fund. November 20 is International Survivors of Suicide Loss Day. We will hold this in Marbleton/Big Piney this year, location TBD. Mardy Sleight and Trisha are signed up to be organizers.

Sarah Murdock: Drug Task Force: Sarah and Trisha reported on the 9/27 presentation from Ft. Collins, CO Marijuana enforcement officer Jim Lenderts on the "Colorado Marijuana Experience". Notes from this presentation are available on the website blog, or from Trisha. Take home message: Be at the table, get involved on the ground level in order to have strict statute/regulations in place that protect youth, and consider potency caps. October 23 is National Drug Take Back Day, please share our posts on safe disposal!

Community Reports:

Sarah Murdock, Bridges out of Poverty: 2nd Getting Ahead class concludes at the end of this month. Needs Allies. Next Ally training is Monday 10/18, 6-8 PM at Church of the Resurrection.

Amber Anderson, PAC: Starting in September youth are no longer free at PAC. Must pay \$2. Per day or \$20. Per month. Friends of PAC have taken over the scholarship program, scholarship applications use free and reduced lunch guidelines. FoPAC can set looser requirements for the application if necessary. Applications available at PAC and on PAC website.

Aaron Preece: LDS Church is starting another Emergency Preparedness Class Tuesday 10/19. "Not a doomsday preparedness class", more about if you had to leave your house in an emergency, what do you need to have ready.

Kari DeWitt, Hospital District: Health care workers/providers went from seeing 2-3 life flights per month on average to 2-3 life flights per day in the last 2 months. Health care workers are

stressed and overworked and overtired. Community restaurants and individuals have been stepping up to donate food and meals for workers, a huge need that is an immediate benefit to mental health and well being and a sign of community support that helps keep spirits up. The hospital is still waiting on USDA approval of the hospital construction loan. The loan is for \$32,000,000. The County will be putting in \$20,000,000. for the Sublette Center to be added to the hospital. Total cost for the project estimated to be \$52,000,000. The district hopes to hear news any day and is ready to break ground.

Gail Wilkerson, Hope+Choice: Just concluded fall mentoring programs teaching character development and values such a respect for authority and will begin the next mentoring session in winter.

Tessa Miller, SAFV: SAFV needs male volunteers for the Engaging Men and Boys in primary Prevention against Sexual Violence community grant. The grant focuses on boys and men ages 12 - 24 as agents of change. Community members involved in the grant have the opportunity to decide on programming in the next 4 months and will deliver programming in the 2nd and 3rd year of the grant, May 2022 - May 2024. Contact Tessa for more information. SAFV is busy with new clients this morth. SAFV is also promoting October as Breast Cancer Awareness Month, and also promoting Domestic Violence Awareness Month. The New Drug - a training on porn and how it is affecting boys and young men is scheduled for March. Tonia Hoffman at Sub9 has more information on this training.

General discussion among members on mental health resources for area employees: Amber recommended the app CALM for sleep and relaxation. Tessa recommended Netflix "Art of Meditation" for helping with stress and medical stress.

1:00: Adjourn formal meeting.

Next coalition meeting November 11 - (Veterans Day).