

MINUTES: 8/13/2020 SPC LUNCH

12 - 1 PM

Location: Public Health Conference Room and online via Zoom

Present:

Sarah Murdock

Robin Carnes

Robert Galbreath

Amber Anderson

Peggy Weber

Deanne Swain

Janna Lee

Klief Guenther

Matthew Daniels

Sarah Hixson

Travis Bingham

Eric Makelky

Randy Belton

Trisha Scott

Notes:

Approval of 7/9/20 minutes made by Randy Belton. Second: Peggy Weber

Vote to Approve by voting members present: Yes:7, No: 0.

Sarah Murdock, Chair Pro-Tem: Sarah facilitated discussion on recruiting new members from under-represented sectors of the community. Business owners, youth, hispanic community, medical clinics, Town of Pinedale government or staff, oil and gas, and south county in general were specifically mentioned. Personal invite was suggested as best practice for recruiting new people.

South county: Proposed to have 3 coalition meetings per year in south county. Pinedale members would attend via Zoom on those dates, lunch would be provided to all attendees.

Members present agreed to this proposal and Trisha will email current south county partners to request location that works best for them. Proposed to start in October 2020.

Sarah Murdock, Opiates Task Force Co-Chair:

Annie Adams from DFS presented prevention concerns from a DFS caseworker perspective at the 8/11 meeting.

Key points from Annie's presentation:

Primary risk factors for addiction for our local kids are:

Coming from families where parents and grandparents have histories of childhood trauma from abuse and neglect, drug and alcohol abuse; and witnessing drugs and alcohol in the home since birth.

Primary community protective factors for our local kids are:

Schools, because at school kids learn that drugs and alcohol use/abuse are not the norm; followed by the use of the library, PAC, BOCES, which Annie said kids list as "safe places"..

Noted that youth involvement in 4-H and FFA appears to be a protective factor, or that youth involved with 4-H are less likely to be involved with DFS. . Discussion: 4-H youth opportunities have decreased, is this something we can partner with current 4-H leadership to promote.

Full notes from this Opiates task force meeting are on the website:

<https://www.sublettepreventioncoalition.org/meeting-agendas-minutes>

Matthew Daniels, Suicide Prevention Co-Chair: Candlelight Walks to promote Mental Health First Aid and QPR community training and to honor Suicide Prevention Awareness month scheduled for 9/9 in Big Piney and 9/16 in Pinedale.

Details on the website calendar <https://www.sublettepreventioncoalition.org/calendar>, or contact Trisha. Matthew requested members share social media promotion for the walks in their social networks.

Randy Belton and Melinda Bobo taught QPR at the VFW July 22 to a “small but mighty” group. Servers are on the front lines look out for their patrons. Photos are on the website.

On Nov 14 there will be an all day mental health training.

Randy Belton reported on efforts begun to use Poker Run donations to invite Supaman to perform for Sublette youth. Dates are being discussed with schools for optimum youth participation and engagement. Note: This is not a grant funded event, it will be funded by community donations.

Wyoming now has its own suicide hotline call center. Same number as the national hotline: 1-800-273-8255. Suicide national hotline number will be changing to 9-8-8 in the next year.

Robin Carnes, Alcohol Abuse Prevention Co-Chair: Positive feedback from all moderate drinking/harm reduction July campaigns: 4th of July/Chuckwagon Days, Rendezvous, and County Fair. Big shout out to the Fairboard and Sheriff’s Office for implementing new policy at the fair on personal coolers in the concerts and in the arenas where 4-H and FFA events are happening. Thank you to SCSO for adding more LE presence on the fairgrounds and in the camper area.

Discussion on covid alcohol consumption: Sublette retail alcohol sales spiked in March and April 2020. Sublette consumption mirrored Wyoming spike, Wyomingites spent \$2 million more dollars on alcohol in March 2020 than March 2019. WYSAC fact sheet and reasons people gave for drinking more are on our website blog.

Lt. Guenther pointed out that LE responded to an average of 1 domestic incident per day in March and April slowdown, most due to alcohol.

Trisha: Tobacco Prevention: Quit groups started at Public Health June 30 and are ongoing, 5:30 - 6:30 Tuesdays. Please spread the word. Radio and word of mouth may be the most effective promotion.

Permission for youth to take part in confidential quit vape groups was requested through the schools in the online parent information packets that went out to parents August 7. Skyline students training to become quit support for their peers, in November. Smoke free indoor air promotion begins September 1.

Community reports:

Emmy Daniels, Hope + Choice: 8/18 community meeting at the library to learn about Hope+Choice mentoring programs available to 8-18 year olds. Call Emmy at Hope +Choice for more information.

Amber Anderson, PAC: PAC programs are struggling due to health orders, PAC welcomes ideas on after school programming. Currently there is no logistical way to keep up with the

required sanitizing for contact sports like basketball. PAC now has more formal programs than ever because there are no drop in visits allowed.

Sarah Murdock, Church of the Resurrection, Bridges out of Poverty: 9/3 Welcome to Pinedale event at the farmer's market will allow all organizations to share/promote their services. Talk to Sam at Main Street Pinedale for more info. 9/19 Pinedale Doggie Fest to benefit Bridges out of Poverty. Talk to Sarah for more info on the Pinedale Doggie Fest.

Robin Carnes, Public Health: Public Health now testing 5% of county workers considered "essential", EMS, SCSO, medical clinics, Ridley's etc.

Please ask people to call before coming to Public Health.

Lt. Klief Guenther, WHP: DUI's, reckless driving arrests, and fatalities are "skyrocketing" on especially in the last 6 weeks of heavy tourist traffic. Local troopers are citing 2-3 drivers a day going 100 MPH +. Most citations are to out of state drivers. Drivers are agitated and aggressive. "We are used to seeing people at their worst, now we are seeing a whole society at its worst." State budget cuts are affecting the WHP and highway safety with furloughs. Only DUI's and reckless endangerment are jailable offenses now so there is less incentive for drivers to drive the speed limit.

Next SPC full meeting: September 10.