

MINUTES: SUICIDE PREVENTION TASK FORCE 7/6/2020

7:30 - 8:30 am

Via Zoom and in person Public Health Conference Room

Present:

Melinda Bobo

Aaron Preece

Randy Belton

Bill Lehr

Matthew Daniels

Trisha Scott

Jackie Downie

Meeting Notes:

Randy presented on the Boulder Poker Run. 77 riders participated and \$7,529 was raised for suicide prevention. The riders stipulated that the funds be used in 2 ways: 1) counseling for people personally impacted by suicide, and 2) reaching teens and adolescents to support mental health. 8 people signed up for QPR. Randy informed the riders before the ride about the work of the task force and informed riders at every stop about QPR. Trisha will contact Karrie at VFW to set a tentative date for QPR. (Done: dates are proposed for July 21, 22, or 23)

Bill reported that Marbleton Senior Center may open with covid safe restrictions as soon as July 7, which will help seniors feel more connected.

Matthew reported the QPR team is focusing on dates for VFW, Bank of the West, Hope+Choice, and the bars that participated in the poker run.

Aaron asked team to brainstorm about adapting September Suicide Prevention Awareness Month to be covid safe. Team suggested keeping candlelight walks as they can be covid safe, and let go of films for this year. Melinda requested looking into livestream videos with opportunities for discussion following livestream that can provide opportunities to promote both QPR and Mental Health First Aid.

Jackie asked for a report on QPR follow up for Skyline Academy. Skyline has requested follow up during their dedicated health module late October - November 2020. Jackie suggested that early September may be a more effective time for follow up. Trisha will email Mr. Shaw.

Trisha reported that the 8 hour community training Mental Health First Aid (MHFA) is recommended as the next step up from QPR by Dept. of Health and other CPS's. Trisha will follow up with Mental Health First Aid trainer from Sweetwater to request a community training to follow Suicide Prevention Awareness Month.

8:30: Adjourn formal meeting. Next meeting 8/3/2020.