

## MINUTES 3/14/2109 Sublette County Prevention Coalition

### Attendance:

#### ACTIVE/VOTING MEMBERS:

Joey Burke, SADD  
Melinda Bobo, Episcopal Church  
Jackie Downie, LCSW  
Lori Joyner, BBBS  
Randy Belton, Episcopal Church  
Aaron Preece, HCBH  
Angie Murphy, Sub1  
John Kelly, Veteran

#### COMMUNITY MEMBERS:

Stephanie Lund, SC Public Health  
Robin Carnes, SC Public Health  
Robert Galbreath, Pinedale Roundup  
Keaton Cross, SC resident  
Keri Cross, SC resident  
Klief Guenther, WY Highway Patrol  
David Siefkes, SC Sheriff's Office  
KC Lehr, SC Sheriff's Office

### Agenda items:

1. Announcements
  2. Review 3/11/19 Technical Assistance training with Tracy Young and Rodney Wambeam for members unable to attend.
  3. Review by-laws and governance structure proposal and if members agree, vote to approve by-laws and nominate and elect executive committee.
  4. Preview April and May meetings and agendas.
1. Announcements - Community Relationships with Veterans and Resources for Individuals who support Veterans workshop with the VA. Thursday March 28 8am -4pm. BOCES room 150. Contact Randy Belton with questions:
2. Review 3/11/19 training high points: State of Wyoming through WASCOP and WYSAC will come to Sublette County 3-4 times this year to provide resources, technical assistance, history of prevention science, and coalition building to bring SCPC "up to the next level". May 2019 training will focus on specifics of the coalition strategic plan.
3. Line by line review of by-laws. Distinguish between community and active/voting members. Comments: Article III, sec 5. Add "verbal voting if voting by electronic means" Request clarification on liability issues and policies and procedures. Do we need liability clause in by-laws for prevention activities? Do we need policies and procedures? Trisha will request clarification from Albany County Prevention Coalition and WDH. Definition of Active vs Community members and request for members to fill out membership agreements. Members reported they appreciated the "scaffolded membership of community vs. active membership". Discussion of proper sequence for voting, must by-laws be approved first or election of officers? Agreement reached to vote on by-laws first, executive committee second.

MOTION TO VOTE ON BY-LAWS by Aaron Preece. SECOND: John Kelly  
IN FAVOR: UNANIMOUS                      OPPOSED: 0  
VOTE ON BY-LAWS  
IN FAVOR: UNANIMOUS      OPPOSED - 0

ELECTION OF CHAIR OF EXECUTIVE COMMITTEE:  
NOMINATION of John Kelly for Chair by Rev. Melinda Bobo;  
SECOND THE NOMINATION: Aaron Preece  
IN FAVOR: UNANIMOUS                      OPPOSED: 0

NOMINATION of Rev. Melinda Bobo for Vice-Chair by John Kelly.  
SECOND THE NOMINATION: Aaron Preece.  
IN FAVOR: UNANIMOUS                      OPPOSED: 0

NOMINATION of Aaron Preece for Secretary by John Kelly  
SECOND THE NOMINATION: Rev. Melinda Bobo.  
IN FAVOR: UNANIMOUS                      OPPOSED: 0

Preview April and May schedule:

April 18: 12-1pm - Full Coalition meeting will review the work plan, mission and vision statements, review sector gaps, and determine needs for committee meetings.

May 14: 12-2pm - Tracy and Rodney will return to assist developing the coalition strategic plan.

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## Summary of Coalition Empowerment Assessment Meeting One *- Rodney Wambach*

March 11, 2019 in Sublette County

On March 11, 2019, the Sublette County substance abuse prevention coalition met for step one of a coalition empowerment assessment project aimed at identifying and providing important training and technical assistance to build coalition capacity and move the coalition forward. The process involved taking stock of local capacity and efforts around each step of the Strategic Prevention Framework (SPF) model and of local prevention sustainability. It began with a basic discussion of local efforts and moved to specific scoring of the five major parts of each SPF step. Results led to a discussion of the most important training and technical assistance needs and the next steps for fulfilling these needs.

**Needs Assessment:** While there are some holes in data collection and needs assessment, participants felt that Sublette County does pretty well overall. The one area lacking is a strong logic model/theory of change for the prevention system. One participant noted that they fail to “pull it all together.”

**Mobilizing Stakeholders:** Again, results for Sublette County were mixed. With some arguing that they have good representation and communication and others saying it could be improved upon. In general, the group said things were “pretty” good and that when needed all the important stakeholders could be called upon. It is also important to note that the coalition is currently going through the development of bylaws and structure. This will create leadership on the coalition.

**Strategic Planning:** Participants began piecing together a story at this point. They have the tools, realistic expectations, and buy-in, but they need help building a detailed plan to make real community level change.

**Strategy Implementation:** Again, results were mixed and the group is ready to make it happen. But they need to build a comprehensive plan to get to where they want to go.

**Evaluation:** While they have access to data, knowledge, and ability, the group felt that evaluation wasn't happening because they didn't have a real plan yet.

In sum, the coalition felt great about where they are, but they need help really building their prevention plan and evaluation. They are currently working on coalition structure, with leadership. And they are completing the required planning for state funding. However, they want more detail and to build a more comprehensive system.

### Identified TA and Training Needs

The coalition identified the following technical assistance need delivered over follow-up meetings starting in May 2019.

1. Starting with the required plan submitted to the State, build a detailed strategic plan with action steps for a comprehensive approach to prevention in Sublette County.
2. Create a plan for both the summative and formative evaluation of Sublette County's prevention system.



WYSAC and WASCOP Technical Assistance Workshop, 3/11/2019:

In attendance:

Melinda Bobo, Priest, St. Andrew's Episcopal Church

John Kelly, Veteran

Lori Joyner, WY Big Brother Big Sister

Hillary Tollison, Sublette County Sheriff's Office

Stephanie Lund, Sublette County Public Health

Joey Burke, WY SADD

Aaron Preece, High Country Behavioral Health

Eric Makelky, Pinedale Middle School

Kelsi Sluyter, UW School of Social Work

Robin Carnes, Sublette County Public Health

Trisha Scott, Sublette County Public Health



## Sublette County Attorney's Office Prevention Briefing 3/4/19

Mike Crosson, County Attorney  
Carly Anderson, Deputy County Attorney  
Melissa Bartley, Deputy County Attorney  
Kelsi Sluyter, UW School of Social Work  
Trisha Scott, SCPH

### Discussion points:

- Mr. Crosson and attorney's office concerned about inaccurate perceptions reported to SCPC about DUI convictions relative to arrests. Explained that DUI's often result in probation and deferral, which do not appear as convictions, if defendant successfully completes probation.
- WYDOT determines rules related to loss of driver's license: 3 months for 1st offense, if first offense has .15 or above BAC interlock device required in vehicle, ineligible for deferral, as BAC .15 and above has been determined to be most likely to re-offend. 1st DUI results in 2 days in jail, 2nd DUI, 7 days in jail, 3rd DUI, 30 days in jail. 4 DUI's constitute a felony.
- Consequences for MIP's for vaping: Not enough kids in the county for regular classes teaching health effects and quit support, but time frame of probation supports one class per quarter. SCA supports Alive at 25 model. SCA supports class for vaping MIP's.
- Graduated Driver's license pilot program for Sublette County, what are specifics of this grant? Reached out to SADD director for info, Joey reported there is no conclusive information at this time on the specifics of the pilot program.
- Mr. Crosson interested in teen court, will bring up with Circuit Court Judge for preliminary discussion of specifics.
- Kelsi and Trisha briefed SCA office on "change the landscape" green light strategies from the Environmental Strategies Toolkit, the SFP model, and grant requirements/deliverables. Discussed that SCPC is not "the fun police", but a community based organization based on key stakeholder partnerships for a safe and healthy community and SCA is invited to discuss and have input on the work plan.
- Kelsi and Trisha met with Matt Gaffney to discuss by-laws and county attorney preliminary approval of the by-laws for a vote by coalition members 3/14/19.





Prevention Coalition Mtg 2/21/2019  
12 noon BOCES Room 150

In attendance:

Robert Galbreath, Pinedale Roundup

Mike Crosson, County Attorney

Amanda Key, Sublette County Rural Health Care District

Aaron Preece, High Country Behavioral Health

Randy Belton, St. Andrew's Episcopal Church

Kelsi Sluyter, UW School of Social Work

Lance Gehlhausen, Sheriff's Office

Dave Siefkes, Sheriff's Office

Robin Carnes, Public Health

Stephanie Lund, Public Health

John Kelly, Veteran

Mike Crosson, Sublette County Attorney, gave a report of how DUIs are handled in Sublette County. If someone charged with a DUI gets a deferral, they get probation for one year. If they pass the terms of the probation the case is usually dismissed. Every DUI case is not the same. Depending on the case there might be a deal made. DUI's are taken seriously in Sublette County; Mike would like anyone that feels like DUIs are not taken seriously to call and meet with him.

Reports from each task force came next.

Opiates and other drugs - John Kelly

Suicide - John Kelly

Adult Binge Drinking - Robin Carnes

We need to f/u with Cassie Crumpton to find the results of the year long study on DUI enforcement - did rates go down? Have rides home been discussed in this group? Needed resource although it is difficult because people live so far from town.

Underage Drinking - Kelsi Sluyter

Tobacco - Stephanie Lund

The next Tidbit Tuesday is all about vaping, Lance Gehlhausen passed around the information that will go out.

John Kelly next presented the idea of having a governing task force for the coalition. Our current process is informal, he would like to see structure with a governing body. This task force could work on bylaws, reviewing data, putting together a website. The governing task force would present items to the coalition that would be voted on, ie. the work plan, spending money, etc. John has worked on other coalitions in the past and would like to share his expertise with us.

Tracy Young from WASCOP (Wyoming Association of Sheriffs and Chiefs of Police) presented on coalition building next. Tracy has worked with the coalition in Albany County since 2002. She has been helping coalitions across the state for the last two years. In 2016 there was a focus group from Sublette County that did a pretest interview on how our coalition was functioning. Tracy told us this is how we receive the funding that we get for prevention work. The Wyoming Department of Health also evaluates how coalitions function. In the past years

the CPS (Certified Prevention Specialist) did all the work and coalitions began falling apart. Tracy proposed that we meet with her and Rodney Wambeam for a four hour session to evaluate our coalition and identify areas that we are good at and areas that we need help. Tracy and Rodney will help us identify three trainings to assist us in or needs areas. If we have local people to assist us we can use them, if not Tracy and Rodney will help us find the resources we need.

From our discussion on Coalition building: Stephanie Lund would like to see the coalition become what it is meant to be, that is a body that makes the decisions about prevention work in Sublette County with Public Health and Trisha Scott being the resources for them, doing the work of providing meals, meeting minutes, emailing information. Robin Carnes would like to move forward with the process. John Kelly would like to move forward. He states "we should tap into the resources from WASCOP". Amanda Key would like to see time better spent during our meetings. Our time is important, she can see the benefit to the coalition having more structure. Randy Belton said that this was discussed a couple of years ago, and never acted on. The general consensus for those in attendance is that we need to move forward with building a strong coalition.

Stephanie, Trisha and Kelsi will define what the governance task force would look like for everyone so they can make a decision about being involved with it.

Stephanie, Trisha and Kelsi will determine a date for the meeting with Tracy and Rodney and let everyone know so they can attend all or part of that meeting, whatever works for their schedule.

## **MINUTES – Opiates and Other Drugs Task Force 2/14/2019**

**BOCES Room 150 12PM**

### **In Attendance:**

Lt. Klief Guenther, Wyoming Highway Patrol

Lt. Dave Siefkes, SCSO

Aaron Preece, High Country Behavioral Health

Dave Kappenman, MD, Sublette County Rural health Care District

John Kelly, Veteran, Concerned Citizen

Trisha Scott, Prevention, SCPH

Robert Galbreath, Pinedale Roundup

### **Agenda Items:**

- Report on use of SCSO facebook page for prevention posts. Request feedback and input on content of posts.
- Report from SCRHCD on changes in opiate and pain killer prescribing policies.
- Discuss community readiness for enforcement of impaired driving laws.
- Brief report on movement forward on governance vision for coalition, with by-laws and board of directors, as required by Wyoming Dept. of Health (WDH) prevention grant.
- Brief report on overall work plan due to WDH May 13<sup>th</sup> review task force recommended strategies.
- Brief review of WDH drug prevention strategies.

### **Summary of Main points:**

- Use of social media: SCSO Mugshot Monday and Tidbit Tuesday posts scheduled to launch March 1, 2019. Sgt. Bingham will target teen messaging (ex.: stayfresh wyo Instagram posts) via use of Hoot Suite. Members advised measuring readership with question and answer format. Prevention posts began on Public Health facebook page week 2/12/19, scheduled 2x week. Currently focused on vaping. School district booster club recommended as popular social media site to promote prevention info. Task Force members requested student input on task force activity, in future. Broader communication strategy for coalition as a whole mentioned as possible task force, "all task areas require messaging".
- Discussion of court and school consequences for minors: Consequences/Community Service/Diversion/Alive at 25 programs could include service in prevention activities (make a video, give a speech).
- Report from SCRHCD on history of prescribing policies, and recent changes in prescribing policies. SCRHCD follows guidelines of Wyoming Worker's Compensation program for prescribing, and uses pain contracts with pain medication patients. Providers would benefit from access to patient's prescription hx across state lines. "25% of pain medication patients are doctor shopping" across state lines. Discussion of naloxone, methadone, and Xanax use.

- Research states that key (“green light”) environmental strategy to prevent/decrease problems related to use of alcohol and drugs is to “enforce impaired driving laws”. Representatives of treatment and LE on the task force reported that out of 100 DUI’s in Sublette County, 75% will not be prosecuted, creating habitual offenders (frequent flyers). Historically, “Wyoming’s culture supports drinking and driving”. Desire expressed by task force members to have county attorney’s office participate in the discussion on community readiness for enhanced enforcement of impaired driving laws.
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**MINUTES - SUICIDE PREVENTION TASK FORCE 2/7/19**  
**BOCES Room 150 12pm**

**In attendance:**

Randy Belton, St. Andrew's Church, Veteran  
Aaron Preece, LPC, HCBH  
Jackie Downie, LCSW, Private Practice  
Hilary Tolleson, Sergeant, SCSO  
Kelsi Sluyter, Intern, UW  
Trisha Scott, Prevention, SCPH

Stephanie Lund, Nurse Manager, SCPH  
Sarah Hixson, LCSW, HCBH  
Renaee Dorriety, MD, SCRHD  
Melinda Bobo, Priest, St. Andrew's Church  
John Kelly, Veteran, Concerned Citizen

**Agenda Items:**

- Update Task Force on developments in QPR and Reducing the Risk training and curriculum
- Review CDC Risk and Protective Factors
- Review CDC Strategies and Approaches
- Identify gaps and unmet needs
- Identify approaches that may be effective in Sublette County

**Main Points:**

CDC Strategies the task force identified that would strengthen the Sublette community's ability to prevent suicide and promote mental health:

- **Strengthen economic supports:** recognize that there are "pockets of poverty in the county where people are subsistence living". Small group working to bring Bridges out of Poverty training to clinic, schools, and businesses.
- **Strengthen access and delivery of suicide care:** Current clinic challenged by ability to provide effective care to MH patients in crisis. With CAH designation, providers would be able to hold and observe MH crisis patients long enough to find best treatment for them. Important to support CAH designation to provide effective MH care. Providers unable to access important patient hx across state lines, need legislative support.
- **Create protective environments:** Increase awareness of gun safety (lethal means). Participate in prevention coalition activities to decrease excessive alcohol use.
- **Promote connectedness:** Decrease stigma: "As promoted in Suicide – the Ripple Effect, hold events, parties for those who have contemplated self-harm/suicide, and their family and friends" to celebrate life.
- **Teach coping and problem-solving skills:** Support HS teachers to implement "Reducing the Risk" curriculum in high schools to promote relationship skills training.
- **Identify and support people at risk:** Decrease stigma with Gatekeeper training; educate employers (SCSO, schools, businesses, etc) on value of EAP's and significance/importance of employee mental health; continue to identify negative stigma for MH and increase positive talk ("change the language") about MH ("fresh expressions").

**From brainstorm session, post formal meeting agenda:**

- Gatekeeping trust and support (check in with first responder and vice versa for unified approach) II
  - Begin with however small a group of survivors of attempts, or people who have felt the urge and supporters of these folks (us and others) and have regular – movies, food, get togethers – to bring it out of the shadows.
  - And involve churches (interfaith?) i.e. St. Andrews “Fresh Expressions” (coming soon).
  - Join with WAG on local gun safety initiative, like Hunter Safety classes taught in schools.
  - Have team dream/brainstorm/strategize/imagine what effective clinical care and community support might look like on the ground in our “frontier” community. Research other communities (Deer Lodge, MT and Pagosa Springs, CO, both mentioned as communities with new CAH designated hospitals that can provide better continuum of care for MH crisis patients). I
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**MINUTES - Underage Drinking Task Force 1/31/19**  
**11:45 am BOCES Room 150**

**In Attendance:**

Carolyn Normington, Counselor, Pinedale Middle School  
Robert Galbreath, Reporter, Pinedale Roundup  
4 Pinedale Middle School students  
Kelsi Sluyter, Intern, UW School of Social Work  
Trisha Scott, Prevention, Sublette County Public Health

**Agenda Items:**

Review confidentiality rules  
Screen Warehouse 21 Instagram vape videos for feedback from students  
Gauge interest, create task list and schedule to produce PMS videos.

**Main points made by students:**

Videos need to be 60 seconds long to communicate adequate information.

Videos need to cover the following in a visual format:

- Health effects of alcohol on the liver and the developing brain, specifically on the developing brain.
- Scale of time it takes to become addicted to various substances, caffeine to alcohol.
- Year to year organ degeneration relative to alcohol.
- "Cool things to do that aren't vaping and drinking."

Students mentioned BuzzFeed and Soul Pancakes as other effective sources of visual info they have seen re: alcohol.

Students reported stress related to seeing intoxicated adults at public events, and loss of trust in family members who drink and "disappear for days".

**Actions/Tasks:**

Ms. Normington will make 8th period available for students to make videos.

Time frame: Ongoing 8th period through February and March, ending spring break to review progress and assess interest for further activity.

Trisha and Kelsi will provide health fact and information sources to students, and media sites to promote videos.

Time frame: Feb. 11- March 30.





## **MINUTES - Adult Binge Drinking Task Force 1/17/19**

12:00 PM BOCES Room 150

### **In Attendance:**

Keri Hull, Nurse Practitioner, Pinedale Sublette County Rural Health Care District

Kelsi Sluyter, Intern, UW School of Social Work

Cassie Crumpton, Coordinator, Sublette County Treatment Court

Lance Gehlhausen, Undersheriff, Sublette County Sheriff's Office

Robin Carnes, Nurse, Sublette County Public Health

Trisha Scott, Prevention Coordinator, Sublette County Public Health

### **Agenda Items:**

- Familiarize task force members with Environmental Strategies Toolkit.
- TIPS training report
- LE report on perceived gaps in enforcement of drinking laws.
- Clinic provider report on feasibility and effectiveness of screening and brief interventions; advise most effective use of prevention marketing materials at medical visits.

### **Main points:**

- Community and cultural norms identified as primary cause of over consumption of alcohol, shifting community norms is a long haul, "slow grow" approach. Work plan must have component that sponsors, promotes, and celebrates community events that are alcohol free to combat norm that "to be an adult at a social event in Sublette County means to drink". Task Force ruled out enhanced LE enforcement strategies without state level policy support.
- Clinic provider reported current routine screening does not pick up binge drinking. Providers do not have enough time in appointments to add conversation with patients about mental health and alcohol use unless that's what patient came in for. Clinic can support posters on walls and relevant prevention materials (promoting moderate drinking) in the lobby.
- Promote harm reduction with social media messaging through SCSO facebook arrests of the week page (most social media hits per week in Sub Co) and Tidbit Tuesday.

### **Grant Strategies, Best Practice Strategies, and Action Plans:**

**Strategy: Minimize on premise over service of alcohol to adults** (most Sublette DUI's occur after leaving bars). EST Toolkit strategies: TIPS training. SCSO will send 3 deputies to TIPS train the trainer training in March 2019 and commit to 2 TIPS train the server trainings per year, 2019, 2020, and 2021. Spring: Big Piney; Fall: Pinedale. Recognize TIPS trained establishments with certificates and info on reduced insurance for business owners. Begin date: 3/1/2019. End date: June 30, 2021.

