

*****Thanksgiving Prevention Update*****

Happy Wednesday to you all,

Thank you to all of you who attended the SPC Lunch on 11/14 to hear about the Adverse Childhood Experience (ACE) study from Becca Steinhoff at Wyoming Kids First.

The minutes from that meeting are attached. I included a short review of what the ACE study recommends to communities that want to promote health and resilience for vulnerable children and families.

November meeting minutes attached to this email:

11/4/19 Suicide Prevention Task Force Minutes

11/12/19 Opioids and other Drugs Task Force Minutes

11/18/19 Title 25 Information Meeting Notes. Members of the Suicide Prevention Task Force met with Sheriff Lehr, Sublette County Attorneys Stan Cannon and Mike Crosson, and Sarah Hixson from High Country Behavioral Health to learn about Title 25, what it is and what it is not. Thank you to our visitors for their important information and perspective on Title 25.

Dates for December, please mark your calendars:

12/5/19, 12 - 2 pm: Goal Setting Workshop for Suicide Prevention, Opioids and Other Drugs, and Adult Binge Drinking Strategic Plans. BOCES Room 148.

Rodney Wambeam from Wyoming Survey Analysis Center (WYSAC) and Tracy Young, from Wyoming Association of Sheriffs and Chiefs of Police (WASCOP) return to Sublette for the final goal setting workshop. In the first workshop, Rodney and Tracy used Sublette data to guide us in setting Specific, Measurable, Achievable, Relevant and Time Specific (SMART) goals for the tobacco (vape) and underage drinking task areas. SMART goals focus our efforts and give us ways to measure outcomes. I highly recommend you attend this workshop to see how local Sublette data is used to create SMART goals. Lunch provided.

12/9/19, 12 - 1 pm: Alcohol Task Force, BOCES Room 148. Lunch provided.

12/12/19, 12 - 1 pm: SPC Lunch Meeting, BOCES Room 148. Lunch provided.

I will send out reminders and agendas for December meetings on December 4. It's not too soon to RSVP!

Please be well, be safe, and enjoy the gift of family and community this Thanksgiving!

Trisha