

**MINUTES - Underage Drinking Task Force 1/31/19**  
**11:45 am BOCES Room 150**

**In Attendance:**

Carolyn Normington, Counselor, Pinedale Middle School  
Robert Galbreath, Reporter, Pinedale Roundup  
4 Pinedale Middle School students  
Kelsi Sluyter, Intern, UW School of Social Work  
Trisha Scott, Prevention, Sublette County Public Health

**Agenda Items:**

Review confidentiality rules  
Screen Warehouse 21 Instagram vape videos for feedback from students  
Gauge interest, create task list and schedule to produce PMS videos.

**Main points made by students:**

Videos need to be 60 seconds long to communicate adequate information.

Videos need to cover the following in a visual format:

- Health effects of alcohol on the liver and the developing brain, specifically on the developing brain.
- Scale of time it takes to become addicted to various substances, caffeine to alcohol.
- Year to year organ degeneration relative to alcohol.
- “Cool things to do that aren’t vaping and drinking.”

Students mentioned BuzzFeed and Soul Pancakes as other effective sources of visual info they have seen re: alcohol.

Students reported stress related to seeing intoxicated adults at public events, and loss of trust in family members who drink and “disappear for days”.

**Actions/Tasks:**

Ms. Normington will make 8th period available for students to make videos.

Time frame: Ongoing 8th period through February and March, ending spring break to review progress and assess interest for further activity.

Trisha and Kelsi will provide health fact and information sources to students, and media sites to promote videos.

Time frame: Feb. 11- March 30.