

MINUTES: 11/10/2020 OPIATES AND OTHER DRUGS

12 - 1 PM

Online with Zoom, In person at Public Health

Co-Chairs: Sarah Murdock and Annie Adams

Present:

Sarah Murdock, Food Basket, Church of the Resurrection

Peggy Weber, Recovery Community

Sarah Hixson, High Country Behavioral Health

Melinda Bobo, Priest, St, Andrew's Church

Lt. Dave Siefkes, Sublette Sheriff's Office

Lt. Klief Guenther, Wyoming Highway Patrol

Joey Burke, Tobacco TF Co-Chair

Trisha Scott, Prevention Coordinator

Notes:

Detectives Cooper and Turner were unable to attend the meeting due to work obligations. Discussion question: **Since there will be no PNA data for 2020 to give us an incremental measure for our work plan goals, how do we evaluate?** Evaluating is a grant requirement. Members agreed that our goals to decrease marijuana and prescription drug use by 10th graders by June 2024 are more important and relevant than ever, especially with states all around us legalizing marijuana, so we are not scrapping our goals for lack of ways to measure them. Joey reported that WYSAC will be following up with students who took the 2018 PNA. Trisha will report WYSAC plans to the task force after the WYSAC/CPS meeting 11/16.

Discussion on media literacy work plan: Media literacy is critical to this generation of youth who get all their info from their peers and questionable media sources. Students have reported that they do not know when they are on a fact based site or on a commercial site where they are being marketed to. This is especially important with commercial marijuana looming around us. The coalition website stores media literacy curriculum for grades 3 - 12 on the school resource tab. Media literacy teaches students how to tell facts from marketing.

School resource tab is updated regularly.

Discussion on brain health approach to prevention: Trisha reported on current research on effects of high concentrate THC on the adolescent brain. It's not good! Given that Sublette students have told us they care more about their brains and addiction than their lungs (in focus groups on vaping prevention) how do we proceed?

Sarah Hixson recommended more “Brain Owner’s Manual” print and media emphasizing pictures to make it more “hands on”. Joey recommended a free NIDA source for info to use.

Sarah Hixson suggested Prime for Life classes for students. Trisha will investigate if there is a teen Prime for Life. Dave Siefkes recommended more emphasis on helping kids make good decisions when around kids making bad decisions.

A “toolkit for the facts” was suggested.

Task force members agreed it is important to have a school person on this team to keep schools aware of prevention resources.

Jen Arne, Rita Hudlow, Jen Wilkinson, Jasper Warnberg were recommended. Trisha will reach out.

Report on 4-H: Sarah Murdock reported that members met with Jen Matosky about opportunities for prevention to partner with 4-H. Annie Adams, DFS, will be working with Jen to get some kids with DFS case plans who need more social engagement to 4-H. Suggestions for 4-H curriculum that could involve youth who do not have access to ranches or livestock were: Career Exploration; Independent Living, Strong Families, Strong Wyoming, Citizenship, and music clubs. Next meeting with Jen is scheduled for January 21.

DFS collaboration on “Difficult Conversations” went well and Annie and Kaisha from DFS and Trisha would like to do more similar presentations.

Next Drive through Drug Take Back Day Senior Lunch proposed for February for Marbleton Senior Center, Trisha will reach out to Joan Mitchell to discuss dates. Sheriff’s Office will be there.

Meeting adjourned 1 pm.