

## **MINUTES: 8/2/21 SUICIDE PREVENTION TASK FORCE**

**7:30 - 8:30 AM**

**Public Health Conference Room and Online**

**Co-Chairs: Aaron Preece and Matthew Daniels**

### **Present:**

**Bill Lehr, Board member Marbelton Senior Center**

**Randy Belton, St. Andrew's Church, Veteran's Organizations, Lion's Club, Rebel Auto Parts**

**Aaron Preece, High Country Behavioral Health**

**Melinda Bobo, St. Andrew's Church**

**Janell Rinehart, Bolder Roll Poker Run**

**Lorelei Lamoureux, Boulder Roll Poker Run**

**Neville Burt, Boulder Roll Poker Run**

**Matthew Daniels, My Satisfied Soul**

**Billie Hamby, Sublette County Veteran's Services**

**Trisha Scott, Sublette Prevention Coalition**

### **Notes:**

**Boulder Roll members Neville Burt, Lorelei Lamoureux, and Janell Rinehart introduced themselves. Nev reported that the 2021 ride raised \$14,000 for suicide prevention from cards, a raffle during the ride, and the silent auction. There were 104 riders in 2021. The organization is becoming a 5013c. The 2022 ride has been scheduled for June 11, 2022.**

Nev reported that they are organizing a Winter Ball at the VFW for December 11. That event will be more focused on raising awareness than \$\$\$s. Kids and families are welcome at the Winter Ball. Nev, Janell, and Lorelei all stressed the importance to them that the dollars they raise go to where it is needed most. Lorelei stressed that while the initial push was to get the funds to kids who need counseling now the group wants to be sure all residents have access to counseling if they choose.

Janell reported that the Roll is hoping to start a website to get all their info in one place.

**Discussion on Veteran's needs:** Janell reported that Vets she talks to here are not getting the mental health help they need when they need it. They say: "This is what I signed up for so I need to deal with it on my own." Billie reported that there are 500+ Vets living in the county currently with more moving here. Randy suggested we have to brainstorm ways to decrease stigma around mental health for Vets. Janell suggested that we promote telehealth more to reach the Vets who do not want to go to an office. Trisha and Deanne will draft some materials to share with the Roll for their feedback that will promote counseling using telehealth. On stigma: Randy reported that the VA is using the term "Moral Injury" to replace "Post traumatic Stress Disorder" as the word "disorder" creates stigma. Billie spoke about PTSD from veterans who experienced sexual assault in the military and the need for those Vetse to receive counseling help.

**Discussion on upcoming events:** Randy invited the Roll to provide an escort to the Candelight Walks for Suicide Prevention coming up in September on the 8th and the 22nd. Nev will get back to us with an answer. Aaron invited anyone from the Roll to speak/tell their story after the Walk. The Boulder Roll will help get the word out about the ride.

**Supaman:** The group discussed Supaman and costs. The Boulder Roll are interested in being partial funders. Their funding priority is to support counseling and immediate help. Randy and Melinda will reach out to the vestry and the Diocese to OK use of those funds to partially fund Supaman. There was a brief discussion on food and alcohol at an evening community event with no agreement made at this meeting.

Trisha will continue to email the new superintendents to pin down a date that will include performances in both school districts. (Email sent 8/3 am)

**Discussion on QPR:** Janell and Trisha will work together to schedule a QPR training at the VFW for Boulder Roll members.

Reminder to task force members for 8/16 9 am QPR refresher and powerpoint update.

Reminder for 8/30 and 8/31 QPR training for all Sub 1 staff.

8:45: Meeting adjourned.